

pūkorokoro- Airways

Newsletter of the College of Respiratory Nurses (NZNO)



Kia Ora koutou,

So this is the last newsletter of 2023. The Christmas period is upon us and whilst this is a time for celebration, there is no let-up in the demands made of respiratory care that must be provided. The impacts of increasing cases of COVID-19 and other respiratory conditions continue to impact the healthcare services.

In this edition of Airways Teresa Chalecki provides an amazing insight into the European Respiratory Society International Congress conference in Milan earlier this year.

The committee caught up in early December to discuss the upcoming symposium and put together documents to the Minister of Health against the \$5 co-payment repeal. We also put a document together for viewpoint article for Kai Tiaki stopping the repeal of the Smokefree Legislation.

The committee wishes to recognize and acknowledge the hard work of all nurses who are doing their best to provide high quality care to all Respiratory patients, in whatever setting they are in.

If you are working over the holiday period we thank you. We wish that Santa would leave a few extra nurses in your Christmas stocking

Take care and be safe. See you in 2024.

Meri Kirihimete

Nga mihi nui,

Are you keen to be a part of the Knowledge and Skills Framework Update?

We will send a survey around in your inbox in the next coming weeks – please let us know your feedback on the Knowledge and Skills Framework.

If you are interested in being apart of the working group, please get in touch with us on

NZNOrespiratory@gmail.com

Are you keen to be a part of the Symposium Planning Group?

We would welcome your ideas on how to create a symposium that you would want to attend!

If you are interested in being apart of the working group or any feedback/ideas, please get in touch with us on

NZNOrespiratory@gmail.com

Kia ora koutou

Malo e lelei

Talofa Lava

Ni sa bula Vinaka

Fakaalofa lahi atu

Malo ni

**WELCOME TO
DECEMBER 2023
AIRWAYS
NEWSLETTER**

Welcome to our final Airways Newsletter for 2023.

Our College is small but growing! Encourage your nursing colleagues, student nurses and enrolled nurses to join!

Respiratory Symposium 2024

Save the date for the College of Respiratory Nurses Face to Face Symposium

Topic and Location to be announced – keep an eye out!

Conferences & Events

Asthma & COPD Fundamentals Course – Asthma & Respiratory Foundation online course.

<https://www.asthmafoundation.org.nz/health-professionals/copd-asthma-fundamentals>

TSANZ / ANZSRS ASM Gold Coast – 23-26 March 2024 <https://www.nzrespiratoryasm.co.nz>

New Zealand Respiratory Conference – 16-17 November 2023 Te Papa, Wellington [New Zealand Respiratory Conference](#) | [Asthma Foundation NZ](#)

Sleep DownUnder Gold Coast 2024 17-19 October 2024 [Sleep DownUnder 2022](#) | [Sleep DownUnder 2022](#)

Sleep in Aotearoa Dunedin 2024 20-21 June 2024

Note: Respiratory Education Fund can be accessed by College of Respiratory Nurses members. See this [Link](#) for further details.

Useful Resources

National Asthma Council Australia [How-to Videos](#): Using your inhaler

Good Fellow [Webinars](#)

Lung Foundation Australia Patient Inhaler [Resources](#)

Supervision and the NZNO Supervisors List

Professional and clinical supervision is recognised as a critical component of nursing and midwifery practice. Te Kaunihera Tapuhi o Aotearoa Nursing Council of New Zealand require regular supervision to maintain Nurse Practitioner and Nurse prescriber credentials. However most registered nurses in Aotearoa New Zealand are not compelled to and do not participate in regular supervision despite its clear benefits.

NZNO believes that professional and clinical supervision should be available for all nurses and midwives and supports initiatives to achieve this. (NZNO Position Statement on Professional and Clinical Supervision).

The NZNO Professional Nurse Advisers (PNAs) have compiled a list of supervisors who have nursing backgrounds and post graduate education in professional supervision. This list has been available for NZNO members for some time generally given out by the PNAs and MSC. Following member requests to facilitate easier access to the NZNO Supervisors list it will soon be made available directly on the NZNO website. The List will remain available through the Member Support Centre (MSC) and from the PNAs however it is hoped webpage availability will improve access to Supervisors for those nurses' wanting supervision across Aotearoa.

Julia Anderson and Annie Bradley-Ingle, PNAs.

Report on ERS International Congress
Milan, Italy 9-13 September 2023
Teresa Chalecki

The European Respiratory Society (ERS) is an international membership organisation that brings together physicians, healthcare professionals, scientists and other experts working in respiratory medicine. They are one of the leading medical organisations in the respiratory field, with a growing membership representing over 160 countries. Their mission is to promote lung health in order to alleviate suffering from disease and drive standards for respiratory medicine globally.

Joining The European Respiratory Society (ERS)

It is free to create a myERS account. This allows you to access their service, to register to attend ERS Congresses and events, submit abstracts for ERS Congresses and subscribe to newsletters and mailings. You will also require a myERS account to apply for ERS membership and its associated benefits. To join go to <https://my.ersnet.org>

The 2023 Congress was held in Allianz MiCo in Milan, this is the largest convention facility in Europe with over 50,000 m² of exhibition space. The exhibition hall took up most of the ground floor of the venue. While many of the companies in attendance were familiar having a presence/representative in NZ, ie. GlaxoSmithKline, Boehringer Ingelheim and AstraZeneca, there were others that were not. Many of their products were familiar with having other NZ companies as licensed distributors. It was interesting to see some of the new equipment that may be available in NZ in the future. One company had a machine that could test blood eosinophils on the spot, potentially useful for both asthma and COPD clinics. The Congress hosted 15,000 in person attendees and 5,000 online.

The 2023 Congress included focus on a sustainability agenda. At the opening ceremony on the evening of 9th September made mention of collaboration with Myclimate – www.myclimate.org. There were sessions during the Congress discussing the impact of climate change on respiratory conditions as well as impact of metered dose inhalers (puffers) and the propellants contained in them and the single use plastic housing of the various inhalers on the environment.

During the Congress there were up to 12 concurrent sessions going at any one time with sessions commencing around 8.30am and going to 5.30pm with several industry sessions running across lunch or after 5.30pm. This required some time to review prior to attending each day to identify which sessions to attend and the location of them. Topics covered the full range of respiratory conditions and speakers were from many of the ERS membership countries including Australia and New Zealand.

Occupational and environmental determinants of common respiratory diseases.

This session highlight lung health risks of some of the newer industries/manufacturing included discussion on silicosis. One aim was to increase awareness of Occupational causes of COPD, highlighting 14-31% of COPD is in non-smokers, working is not a choice like smoking and safety was important.

Air pollution, pollen and lung health in the climate change era.

The influence of environmental factors such as temperature, humidity rainfall, wind direction and air pressure have an affect daily distribution of pollen exposure/aero allergens. With climate change there is an increase in CO₂ and temperatures, this in turn can increase aero allergen quantity, allergen response and duration of symptoms. There is a flow on impact/health burden of pollen induced respiratory health issues, particularly for those with asthma and COPD, with increased GP presentations and hospitalisations and decreased lung function. Climate change/global warming has an impact on extreme weather events increasing floods and wildfires resulting in more mould and smoke with associated adverse effect on respiratory health. One presenter discussed development of 'The Air Rater app available in Australia – <https://airrater.org> - the aim of which is to help better understand the association between symptoms and environmental factors.

To continue in the next edition.....

Te Reo Māori Korero

Learn common respiratory words in Te Reo Māori to incorporate into your mahi

Te reo Māori

Meri Kirihimete

English

Merry Christmas



LungFlareCare

LungFlare Care was brought to my attention at the TSANZ Conference held in Christchurch in March 2023.

Lung Flare Care was an initiative of the [ResPTlab](#) team, led by Associate Professor Christian Osadnik, Alethea Kavanagh and Ruben Hopmans from Monash University, Department of Physiotherapy.

The website is an educational and self-management resource for patients with COPD. They are in the process of rolling this out for those with Asthma and Bronchiectasis.

Visit their website [here](#)



You can find us on FACEBOOK!

Search for us **NZNO College of Respiratory Nurses**

Better connect with Respiratory nurses across the motu, share resources and keep up to date.

Mindful Colouring

We thank you nurses for your service.

Feedback

We would love to hear your feedback on topics you would like to see or articles you may have in *pūkorokoro-Airways*. Please email NZNOrespiratory@gmail.com

Ka Pai!

We would like to extend our thanks to all nurses all over the motu for everyone's hard Mahi.

